

# Digestive Disease Specialists of Northeast Alabama

900 Goodyear Ave - Suite A - Gadsden, AL  
110

Tel. (256) 492-3220 ext 104 or



**V. Tummala, M.D.**  
Gastroenterology

## **EGD INSTRUCTIONS:**

Date of Procedure: \_\_\_\_\_  
(The day prior to the procedure, the facility will call you with your arrival time.)

Your procedure will be at the following location:

Gadsden Endoscopy  
# 256-492-4284  
820 Goodyear Avenue  
Gadsden, AL 35903  
(Riverview Owns)

Gadsden Regional  
# 256-494-4700  
Outpatient Admitting  
1007 Goodyear Ave  
Gadsden, AL 35903

Gadsden Surgery Center  
#256-543-1253  
418 South 5th St  
Gadsden, AL 35901

Do not take fish oil 7 days prior to your procedure.  
Do not take any aspirin products for 1 day  
Do not take Plavix for 2 days  
Do not take Coumadin for 3 days

## **The Day Of The Procedure:**

1. Do not eat or drink anything after midnight the night before your procedure.
2. You may take your blood pressure medication or heart medications as you normally do, but only with a sip of water.
3. If you are diabetic, do not take any insulin prior to your procedure.
4. Do not chew gum, consume mints, use chewing tobacco, or smoke prior to your procedure.
5. You must be accompanied by an adult to the procedure that can stay the entire time and drive you home afterward.

If you have any questions, please do not hesitate to call our office.  
Phone# (256)492-3220 Ext. 104 or Ext. 110  
Please ask to speak to Kim or Nancy.