

# Digestive Disease Specialists of Northeast Alabama

900 Goodyear Ave - Suite A - Gadsden, AL

Tel. (256) 492-3220 ext 104 or 110



**T. Pugliese, M.D.**  
Gastroenterology

Name: \_\_\_\_\_ Date of Procedure: \_\_\_\_\_

Facility: \_\_\_\_\_ \*The facility will call you with the time the day before procedure.

-If the facility does not contact you by 2pm the day before, you may call the facility.-

Prescription: MoviPrep Kit: Contains 4 pouches A & B and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

-If you are taking medication, take ALL blood pressure and heart medication prior to your procedure.

## Day before procedure:

1. Regular breakfast at 9am; after that- CLEAR LIQUIDS ONLY.
2. At 6pm, begin MoviPrep kit. (Instructions on back)

## Day of Procedure:

1. Nothing to eat or drink besides the MoviPrep solution. NO SMOKING, MINTS, OR GUM.
2. At 4am, finish the MoviPrep solution by following the directions on back.
3. If you take blood pressure or heart medication, you may take them with a small sip of water before your procedure.
4. **NO DRIVING. YOU MUST HAVE A DRIVER THE DAY OF THE PROCEDURE.**

**YOU MUST BE FINISHED DRINKING YOUR MOVIPREP SOLUTION 2 HOURS PRIOR TO YOUR ARRIVAL TIME.**

Clear liquids diet:

- **Soups:** Clear bullion or broth
- **Beverages:** Tea, coffee, Kool-Aid, carbonated beverages, Apple juice, WHITE grape juice, Gatorade, strained lemonade/limeade.
- **Desserts:** Water Ices, Italian Ice, popsicles, or Jell-o.

**NO RED OR PURPLE!!!!!!**

If you should have any questions, please call our office at (256)492-3220.

Riverview Regional Medical Center  
600 South 3rd Street  
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(256) 543-5200

Gadsden Endoscopy  
820 Goodyear Ave  
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Gadsden Surgery Center  
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(256) 543-1253